

Adult MH Case Management

Community Support For Adults with Mental Illness

Case Management Eligibility

Adults with a serious mental illness as defined as a DSM-IV Axis I Psychiatric disorder. The person must have functional impairment as result of the illness which interferes with ability to live independently in the community. Areas of functional limitations include self-care, social functioning, activities of daily living, economic self-sufficiency, self-direction, concentration, and employment.

In accordance with the NYS

Adult SPOA

OMH Single Point of Access Initiative, all referrals must be received, processed, and coordinated in a consistent manner at the local level. Oswego County's Adult SPOA process is coordinated by the Mental Health Services Coordinator of the Mental Hygiene Division.

Mission:

The mission of the Adult Mental Health Case Management Service is to assure continuity of services and appropriate service linkage, to promote hope, and to assist with the recovery, while assuring continuity-of-care; to provide individually tailored levels of client outreach, assessment, planning, referral, coordination/service linking, and advocacy; and to provide information and referral services to mentally ill citizens and their families in Oswego County.

Adult Mental Health Case Management: Community-based case management services to adults who have been diagnosed with a serious mental health disability, are struggling to manage or make progress in their pursuit of the quality of life they desire, and are seeking greater levels of wellness, independence, and personal satisfaction and success in their lives. The intent or purpose of services provided is to support people in the selection, preparation, and obtainment of their recovery goals. Individuals define their own vocational, educational, housing, financial, and social life goals. Additional areas of focus often include community involvement, physical health, independence, coordination/instruction related to accessing transportation, self-care skills, self-esteem, effects of alcohol and drugs, and mental health symptoms. Individuals and their case managers partner together to determine what opportunities and supports are needed to progress with these goals. In the context of helping people to reach their goals, case managers provide a wide variety of services including linkages to community services, coaching to develop new skills, and problem solving about how to access supports necessary for the pursuit of recovery goals and dreams. Services are intended to be transitional, however length of time enrolled in the program is determined on the basis of individual need. Three levels of care are available to meet individual need.

Supported Housing: Individuals with a serious mental illness and limited financial resources can receive limited financial assistance and support establishing and/or maintaining their own safe and secure living situation in the community. This assistance is only available when no other sources for support are available, i.e. HUD rental assistance.

Contact Information

Oswego County DSS

100 Spring Street

PO Box 1320

Mexico, NY 13114

(315) 963-5000

Hours: 8:30 am-4:00 pm

Monday—Friday

**For More Information or To Make a Referral
Call the Mental Health Services Coordinator at (315) 963-5072**

**Referral Form is Available to print from the County Website at
www.oswegocounty.com/dss/mental.html**