

Additional Websites

New York State Family Resources- Parenting resources:
www.nysfamilyresources.org

National Suicide Prevention Lifeline- A 24-hour suicide prevention service available to anyone in suicidal crisis: www.suicidepreventionlifeline.org

Family Guide- Emphasizes the importance of family, promotes mental health, and helps prevent underage use of alcohol, tobacco, and illegal drugs:
www.family.samhsa.gov

National Alliance on Mental Illness-Providing support, education, and advocacy for people with mental illness and their families: www.nami.org

National Eating Disorders Association- Education, resources and support to those affected by eating disorders: www.nationaleatingdisorders.org

Parent to Parent of NYS-Connecting and supporting families of individuals with special needs: www.parenttoparentnys.org

Option Line- Answers to concerns or questions about pregnancy, abortion and related issues: www.pregnancycenters.org

KidsHealth- Provides accurate and up-to-date health information about children:
www.kidshealth.org

National Runaway Switchboard-National communication system for runaway and homeless youth: www.1800runaway.org

Directory of Community Mental Health, Addictions and Developmental Disability Services



Oswego County Mental Hygiene Services

*Committed to improving our local service
system to provide superior support and care to
Oswego County residents.*

2010

Physical Therapy/Occupational Therapy/Speech Therapy-
CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 598-6120

Family Support and Services- *goods, services and subsidies that assist families of people with disabilities.*

ARISE, 9 Fourth Ave., Oswego, NY, 13126 342-4088 www.ariseinc.org
CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 598-6120
Enable 1603 Court St., Syracuse, NY 13208 455-7591 www.enablecny.org
Parents of Special Children, 2-C Tower Drive, Fulton, NY 13069 598-7672
www.pscoswego.org

Transition Services- *services and supports for students with disabilities to assist in a successful transition from school to adult life.*

ARISE, 9 Fourth Ave., Oswego, NY, 13126 342-4088 www.ariseinc.org

Home Modifications- *adaptations to the home that are necessary to maintain or increase ability to live at home with independence.*

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Assistive Technology- *equipment, products, or devices that can be used to maintain or improve the functional abilities of individuals with disabilities.*

Enable 1603 Court St., Syracuse, NY 13208 455-7591 www.enablecny.org

Free Standing Respite- *planned day, evening or overnight stays away from a person's home. Free Standing Respite is scheduled and time-limited in a home with no full time residents.*

Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 598-4710
www.oco.org

Respite- *services that provides families of people with disabilities temporary relief from caregiving responsibilities.*

ARISE, 9 Fourth Ave., Oswego, NY, 13126 342-4088 www.ariseinc.org (summer camp only)
CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 598-6120
Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 598-4710
www.oco.org
YMCA, 249 West First St. Oswego, NY 13069 343-4321
www.oswegoyymca.org/community-building/respite

Respite Reimbursement- *reimbursement funding for flexible and diverse respite options, including respite care; activities; tuition & fees to programs & camps.*

Parents of Special Children, 2-C Tower Drive, Fulton, NY 13069 598-7672
www.pscoswego.org

Mentoring- *One to one relationships through the use of voluntary supportive peers.*
Person to Person Citizen Advocacy, PO Box 551 Fulton, NY 13069 593-2303

Community-Based Family Care – *Housing provided in a caring, NYS OMH certified family home. Oswego County Opportunities, 239 Oneida St. Fulton, NY 598-9110*
www.oco.org

Supported Housing – *Start up funds, rental stipends and support services for independent living. Oswego County Department of Social Services, 100 Spring St. PO Box 1320, Mexico, NY 963-5262*
www.oswegocounty.com/dss/mental.html

Transitional Housing – *NYS OMH Certified supervised residence and supportive apartments that prepare individuals for independent living. Oswego County Opportunities, 239 Oneida St. Fulton, NY 13069 598-9110*
www.oco.org

Crisis Bed- *Short-term residential supports for adults being discharged from psychiatric hospitalization before returning to independent community living. Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 598-9110*
www.oco.org

Transportation Services – *Rides to mental health clinic appointments for individuals with no other transportation options. Mental Health Association, 70 Bunner Street, Oswego, NY 13126 349-3533*

Ongoing Integrated Employment – *Assistance with choosing, getting, and keeping competitive employment through follow along services. Oswego Industries, Career Employment Services (CES), 200 N. Second St., Fulton, NY 13069 598-3112*
www.oswegoindustriesinc.org

Work Center – *Vocational assessment trainings and paid work in a protective and non-integrated work setting. Oswego Industries, 7 Morrill Place, Fulton, NY 598-3108*
www.oswegoindustriesinc.org

Supported Education – *Assistance with access and utilization of community educational opportunities and resources. Catholic Charities – Step-By-Step Clubhouse, 160 S. 3rd St. Fulton, NY 13069, Fulton, NY 592-5598*



Mental Health

Clinical Services for Adults

Acute Care Inpatient Unit – *NYS OMH Licensed Inpatient treatment for acute symptoms of mental illness, Oswego Hospital Behavioral Services Division, 74 Bunner Street, Oswego, NY 13126 343-8162*

Assertive Community Treatment Team - *NYS OMH Licensed Non-traditional clinic and case management services. Oswego Hospital Behavioral Services, 5856 Scenic Ave., Mexico, NY 13114 963-1960*
www.oswegohealth.org

Continuing Day Treatment- *NYS OMH Licensed. Structured treatment for adults which includes individual and group therapies, medication management and psychoeducation. Oswego Hospital Behavioral Services, 74 Bunner St. Oswego, NY 13126 326-4100*
www.oswegohealth.org

Emergency Services – *Emergency evaluations for acute mental health symptoms. Oswego Hospital Behavioral Services, 74 Bunner St., Oswego, NY 13126 326-4100*
www.oswegohealth.org

Outpatient Clinics, NYS OMH Licensed – evaluation, counseling and psychiatry services

Oswego Hospital Behavior Services, 74 Bunner Street, Oswego, NY 326-4100
www.oswegohealth.org

Brownell Center- Liberty Resources, 1850 County Route 57, Fulton, NY 13069
Intake # 472-4471, identify yourself as an Oswego County Resident
www.liberty-resources.org

Private Practitioners – Evaluation and Counseling Services –

Maria Grimshaw-Clark, LCSW, 163 South First St., Fulton, NY 13069 593-1220
Charles Craigmile, LCSW, 46 E. Oneida St., Oswego, NY 13126 695-6900
Family Partners in Psychological Health, 106 W. Utica St., Oswego, NY 342-0033
Integrative Counseling Services, PLLC, 5 W. Cayuga St., Oswego, NY 13126 342-9255
Brenda Larkin, 1160 Middle Road, Oswego, NY 13126 342-7732
Lewis J. Malgieri, PhD, 1001 S. 1st St., Ste 3, Fulton, NY 13069 343-8162, 529-3758
Dr. Scott P. Mooney, 112 East Bridge St., Oswego, NY 13126 342-5941
John R. Ruskowski, PhD, 83 Jackim Rd., Oswego, NY 13126 343-2054



**MRDD
Services for Adults**

Advocacy –representation in accessing benefits, services and programs to which a person may be entitled.

ARISE, 9 W. Fourth Ave., Oswego, NY 13126 342-4088 www.ariseinc.org
CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 598-6120
Oswego Industries, 7 Morrill Place, Fulton, NY 13069 598-3108
www.oswegoindustriesinc.org

Information & Referral-

ARISE, 9 W. Fourth Ave., Oswego, NY, 13126 342-4088 www.ariseinc.org
CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 598-6120
Enable 1603 Court St., Syracuse, NY 13208 455-7591 www.enablecny.org
Oswego Industries, 7 Morrill Place, Fulton, NY 13069 598-3108
www.oswegoindustriesinc.org
Parents of Special Children, 2-C Tower Drive, Fulton, NY 13069 598-7672
www.pscoswego.org

Medicaid Service Coordination- provides assistance for individuals or families to develop a life plan and access needed supports, services and desired activities.

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CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 598-6120
Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 598-6664
www.oco.org
Oswego Industries, 7 Morrill Place, Fulton, NY 13069 598-3108
www.oswegoindustriesinc.org

Family Support and Services- goods, services and subsidies that assist families of people with disabilities.

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www.pscoswego.org



MRDD Services for Children

Advocacy, Information and Referral-

ARISE, 9 W. Fourth Ave., Oswego, NY 13126 342-4088 www.ariseinc.org
ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069 598-3108
www.arcofoswegocounty.org
CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 598-6120
Enable 1603 Court St., Syracuse, NY 13208 455-7591 www.enablecny.org
Parents of Special Children, 2-C Tower Drive, Fulton, NY 13069 598-7672
www.pscoswego.org

Pregnancy Prevention & Services-A comprehensive array of services for at-risk, pregnant, and parenting adolescents and their families. Oswego County BOCES-

Adolescent Pregnancy Prevention & Services (APPS), 179 Co. Rt. 64, Mexico, NY 13114 963-4360
Oswego County Opportunities, OPTIONS, Midtown Plaza, Oswego, NY 13126 342-7532 www.oco.org

Support Groups- For individuals with a disability, or their caregivers and/or siblings.

ARISE, 9 W. Fourth Ave., Oswego, NY, 13126 342-4088 www.ariseinc.org
Parents of Special Children, 2-C Tower Drive, Fulton, NY 13069 598-7672
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CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 598-6120
Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 598-6664
www.oco.org
ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069 598-3108
www.arcofoswegocounty.org

Day Habilitation- formalized planned activities designed to enhance the abilities and skills of the participant which may include personal, social and work preparation activities. Services may be provided at an agency or in the community, in a group or individual basis.

ARISE, 9 W. Fourth Ave., Oswego, NY, 13126 342-4088
www.ariseinc.org

Residential Habilitation- provides home based services that may extend into the community, focusing on building independent living abilities, skills and integration into the community.

ARISE, 9 W. Fourth Ave., Oswego, NY, 13126 342-4088 www.ariseinc.org
Hillside Children’s Center, 945 South First St., Fulton, NY 13069 593-8257
www.hillside.com

Early Intervention- provides services to children from birth to two years of age who may not yet meet the OMRDD criteria, activities include pre-academic skills, social interaction skills, self care skills and infant stimulation. The Oswego County Health Department is a single point of entry in which all early intervention referrals enter.

Oswego County Health Department- Early Intervention, 70 Bunner St., Oswego NY 13126 349-3510
ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069 598-4859
www.arcofoswegocounty.org